



Sponsored By: The Department of Campus Activities & Traditions

SHSU and the Department of Campus Activities & Traditions annually host *New Student Move-In* as part of SHSU's Bearkat Kickoff. This program aids SHSU students who are moving into their residence halls by having various campus entities volunteer their time and effort in the moving process. This program is both a great service outlet as well as a recruitment tool for these groups.

By signing up to volunteer, you and/or your organization are agreeing to abide by the rules and program structure, formed by Campus Activities & Traditions and Residence Life:

Rules/ Expectations:

1. All volunteers must wear the official Move-In VOLUNTEER t-shirt provided by Campus Activities & Traditions so that volunteers are clearly labeled and easily identified. (Organization hats, headbands, and or armbands are permitted but the **volunteer shirt must be worn at all times.**)
2. No food or beverages are allowed to be distributed on campus, except that which is provided by Campus Activities & Traditions.
3. Campus entities are not allowed to set up tents, camps, booths, tables and the like near any residence hall. Reservations for the Frank Parker Plaza may be made through the **LSC Office.**
4. All volunteers must check in with Campus Activities & Traditions in Suite LSC 215 before volunteering.
5. While serving the campus community, all volunteers agree to uphold and abide by the **SHSU Student Code of Conduct.**
6. **You must CLEARLY write your name and SAM ID and sign the Waiver Form to participate.**

Safety Tips:

1. **Lift properly.** Always use your legs and not your back to lift heavy objects. Squat down, lift upward with your legs and keep your back straight.
2. **Pace yourself.** Go slow and take plenty of breaks. It's when you're rushing to get the move over with that careless accidents are most likely to happen.
3. **Dress appropriately on moving day.** Wear good shoes that support your arches and protect your feet if you drop something on them. Avoid loose clothing that might catch on things.
4. **Remember to stay hydrated,** Campus Activities & Traditions will have water stations around campus to all the dorms. However, we know Texas heat is no joke! Please bring your own water bottle. If you feel like you are dehydrated, find shade or air conditioning and take a break.
5. **Check your surroundings** for moving vehicles and other individuals moving items into the dorms

Sign-Up Deadline: Wednesday, August 14, 2024 at 5:00 p.m.

Email to:

bdotson@shsu.edu

**Campus Activities & Traditions
Lowman Student Center Suite 215
936.294.3861 | shsucat@shsu.edu**



**Campus Activities & Traditions
SAM HOUSTON STATE UNIVERSITY**

SAM HOUSTON STATE UNIVERSITY - ASSUMPTION OF RISK AND RELEASE

This is a release of liability and certain legal rights – Read carefully before signing.

In consideration for my/my child's participation in the Sam Houston State University (hereinafter "SHSU" or "the University") New Student Move-In in Huntsville, TX (hereinafter "the Event"), I agree to the following Assumption of Risk and Release.

Event: SHSU New Student Move-In Student Participant Name: _____
Location of Event: Huntsville, TX SAM ID: _____
Dates of Event: 08/16 -17/2024 Parent/Guardian Name (if applicable): _____

1. Assumption of Risk & Release

I understand that participation in the Event is entirely voluntary and that it has inherent risks, hazards, and dangers for anyone that cannot be eliminated. I FULLY UNDERSTAND THAT THESE RISKS, HAZARDS, AND DANGERS INCLUDE WITHOUT LIMITATION transportation to, from, and around various locations that may be unfamiliar, crimes against persons or property, physical activities that may be dangerous and may test an individual's physical and mental limits, and weather conditions all of which may result in personal injury, death, or property damage, and may occur in remote locations that significantly delays access to emergency medical care. I also fully understand that the description above does not completely describe all of the risks, hazards, and dangers that may result from participation in the Event and travel with the University. I EXPRESSLY AND SPECIFICALLY ASSUME ANY AND ALL RISK OF INJURY, DEATH, OR PROPERTY DAMAGE RESULTING FROM PARTICIPATION.

I AGREE THAT IN CONSIDERATION OF THE UNIVERSITY'S SPONSORING THE EVENT AND PERMITTING MY/MY CHILD'S PARTICIPATION, I (FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS) HEREBY RELEASE, HOLD HARMLESS, DISCHARGE, AGREE NOT TO SUE, AND OTHERWISE AGREE TO INDEMNIFY THE UNIVERSITY, THE TEXAS STATE UNIVERSITY SYSTEM, THEIR REGENTS, EMPLOYEES, AGENTS, AND VOLUNTEERS ("THE RELEASED PARTIES") FROM AND AGAINST ANY AND ALL CLAIMS, LAWSUITS, AND CAUSES OF ACTION OF ANY KIND WHATSOEVER WHICH ARE RELATED TO, ARE AGGRAVATED BY, OR ARISE OUT OF MY/MY CHILD'S PARTICIPATION IN THE EVENT, INCLUDING, BUT NOT LIMITED TO, NEGLIGENCE OF ANY KIND OR NATURE, WHETHER FORESEEN OR UNFORESEEN.

2. Free and Unsupervised Time During the Event

I also understand that I, and not the University, am solely responsible for any injury or loss suffered during free and unsupervised time within the Event. I waive and release all claims against the University that arise when participants are not under the direct supervision of the University or that are caused by failure to remain under supervision or comply with such rules, standards, and instructions.

3. Responsibility for Liability Insurance, Medical Insurance and Medical Costs

I agree that I, and not the University, am solely and legally responsible for providing liability insurance and health insurance for participant and paying for any and all costs for medical care or treatment participant needs during the Event, regardless of whether I have provided liability and health insurance. I also agree and hereby authorize and grant permission to the University or its agents to arrange for emergency medical treatment for me/my child and I FURTHER AGREE TO RELEASE, INDEMNIFY, AND HOLD HARMLESS THE RELEASED PARTIES from and against any and all injuries, damages, claims, or causes of action that are related to or may arise out of this authorization, including but not limited to paying all attorneys' fees and costs of defense.

4. Enforceability

I understand and agree that this Assumption of Risk and Release shall be governed by the laws of the State of Texas, will become effective immediately upon signing and that should any part be held unenforceable, the remaining portions shall remain in full legal force and effect.

I (check one) ___ AM or ___ AM NOT OF, OR OVER, THE AGE OF EIGHTEEN (18) YEARS. I ACKNOWLEDGE THAT I HAVE CAREFULLY AND COMPLETELY READ, UNDERSTOOD, AND THAT I VOLUNTARILY SIGNED THIS ASSUMPTION OF RISK AND RELEASE, AND I HEREBY BIND MYSELF TO THE TERMS AND CONDITIONS STATED WITHIN.

Student Participant Signature

Participant Printed Name

Date

I AM THE PARENT OR LEGAL GUARDIAN OF THE STUDENT PARTICIPANT INDICATED ABOVE, WHO IS UNDER THE AGE OF 18. I AGREE ON BEHALF OF MY CHILD OR WARD TO ALL THE TERMS CONTAINED IN THIS RELEASE.

PARENT OR LEGAL GUARDIAN SIGNATURE (if participant is younger than 18)