



# COMPETITIVE SPORTS NEWSLETTER

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## IN THIS ISSUE...



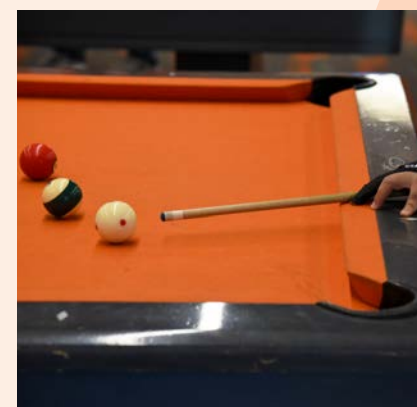
Want to stay active while working on that summer tan? Join the IM Sports happening out in the sun this month!

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In this month's issue... Summer's heating up, and so is the action at SHSU! This issue is packed with everything you need to make the most of the season—from intramural leagues to club sport opportunities that can take your college experience to the next level.

Get the scoop on the summer intramural sports lineup and find out how to get in on the competition happening right here in Huntsville this June. Thinking about joining a club this fall? We've got you covered with a spotlight on SHSU's club sports program, including insider tips on what each club offers. Whether you're aiming to compete, stay active, or just meet some great people, there's a team waiting for you.

Start planning your fall semester now—and find your crew before classes even begin.



Clubs Sports is expanding with a brand new club joining the family this Fall. Brazilian Jiu Jitsu in the spotlight this month!

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# INTRAMURAL UPDATE



## Intramurals Brings the Heat During Summer Competitions

Intramural Sports is bringing the energy all summer long with fast-paced Doubles Sand Volleyball and Pickleball tournaments happening throughout June. If you're looking for a reason to get outside, break a sweat, and show off your competitive edge, this is it.

Mark your calendars: Pickleball takes over the courts on **\*\*Thursdays, June 5 and June 19.** Sand Volleyball hits the sand on Mondays, June 12 and June 26.

All events will be held on McAdams Tennis Court and the Sand Volleyball Court on Rec Field 1, giving you the perfect setting to play hard and soak up the summer vibes.

Whether you're rolling in with a partner or flying solo, there's a spot for you. Register now through Fusion Play as a full team or as a free agent, and we'll help match you up. No need to sit this one out—these tournaments are open to all students enrolled in Summer 2025 or Fall 2025.

This is more than just a game—it's your chance to stay active, make new friends, and enjoy some friendly competition in the sun. So grab your paddle, lace up your shoes, or dust off that volleyball—whatever your game, it's time to bring it.



## Farewell Intramural Seniors

The Intramural program recently said goodbye to three dedicated team members at the end of the spring semester. While farewells are never easy, we're also celebrating their graduation and the hard work that brought them to this milestone.

We want to extend a heartfelt thank you and best wishes to Jasmin Rubio, who served as an Intramural Official; Zachary White, who held the role of Intramural Supervisor; and Christopher Weissinger, the Program Assistant for Intramural and E-Sports. Their commitment and energy made a lasting impact on the program.

Each of them helped shape what Intramurals is today, and their contributions won't be forgotten. We're proud of what they've accomplished and excited to see where their next chapter takes them.

We'd also like to recognize and thank all the recent graduates who participated in the Intramural program. Without the support of the student body, we couldn't run a program focused on giving students at Sam Houston another way to get involved. Your involvement makes everything we do possible, and we're grateful for every student who helped make this year a success.



# Club Spotlight: Brazilian Jiu Jitsu

Looking to challenge yourself, get in shape, and meet new people? The Sam Houston Brazilian Jiu Jitsu (BJJ) Club is calling your name. Whether you're a complete beginner or have some experience on the mat, this is your chance to step into something exciting, empowering, and deeply rewarding. No Experience? No Problem. The BJJ Club is open to all SHSU students, no matter your skill level or athletic background. What matters is your willingness to show up, try something new, and commit to personal growth. At its core, the Brazilian Jiu Jitsu club is about more than just technique. It teaches discipline, builds confidence, and pushes you to be your best, on and off the mat. Every class is an opportunity to improve physically and mentally, with a supportive group of peers who have your back. The club meets Wednesdays and Thursdays from 5:00–6:00 PM at 912 15th Street, just a few minutes' walk from the SHSU main campus.

This fall, the SHSU BJJ Club, for the first time, will compete under the National Collegiate Grappling Association (NCGA), a major milestone that makes Sam Houston one of the first universities in the nation to step into this growing collegiate league. If you're interested in competition, now is the perfect time to get involved and be part of something special. SHSU is one of the few colleges in Texas with a dedicated Brazilian Jiu Jitsu club. That makes this a rare and valuable opportunity to train in a martial art without leaving campus. Whether you're looking to stay active, learn self-defense, compete at a high level, or just find a solid group of people, this club delivers. Come try a class. Bring a friend. For questions or to stay in the loop, follow the @shsubjj on Instagram or stop by a session. Your first class could be the start of something amazing.

## Billiards Joins The Club Sports Family

New Club Sport Alert! SHSU Club Sports is excited to welcome the Billiards Club starting this upcoming fall semester. This new organization offers students a space to learn the game, sharpen their skills, and connect with others who share an interest in billiards. Whether you're brand new to the sport or already know your way around the table, this club is a great opportunity to get involved, improve your game, and meet like-minded peers on campus.

The Billiards Club will meet every Monday from 5–6 p.m. at the Kat Klub, located in the Lowman Student Center. Each session will provide members with time to practice, participate in friendly matches, and learn new techniques. Open to all skill levels, the club welcomes both casual players and those looking to compete at a higher level. The club plans on having both a social side and a competitive team.



In its inaugural season, SHSU Billiards will join the Texas Intercollegiate Billiards Association (TIBA), which includes schools such as the University of Houston, Baylor, Texas State, and the University of Texas. Through this league, members will have the chance to represent Sam Houston in official competitions, traveling to other campuses and building camaraderie through sportsmanship and team spirit. The club also hopes to host a regional tournament here at SHSU in the near future.