Curriculum Vitae

LAUREN K. ALLEN, M.A.

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ACADEMIC HISTORY

2024 – Present   *Doctor of Philosophy,* Clinical Psychology
Sam Houston State University, Huntsville, TX

2021 – 2024   *Master of Arts*, Clinical Psychology
Sam Houston State University, Huntsville, TX

Thesis: *Role of Informants' Well-Being in Evaluative Bias: Effects on Informant Reports*

Committee Chair: Adam P. Natoli, Ph.D.
GPA: 4.00/4.00

2016 – 2020   *Bachelor of Science*, Psychology (Minor: Sociology)
Wayne State College, Wayne, NE
GPA: 3.96/4.00
Summa cum laude

GRANT FUNDING (*Travel awards not listed*)

2022-2023   Society for Personality Assessment Student Research Grant. *Role of Informants' Well-Being in Evaluative Bias: Effects on Informant Ratings,* PI. Total Support: $500.

PUBLICATIONS

Allen, L. K., Barnes, T., Murdock, J. G., Moctezuma-Palma, G. S., & Natoli, A. P. (under review). *Testing Invariance of Social Support Measures' Predictions of Psychological Distress between First- and Continuing-Generation College Students.*

Natoli, A. P., **Allen, L. K.**, Ashton, C. M., Lamba, N., & Marek, R. (under review). *Measuring eating behavior and motivations in the United Arab Emirates and the United States: Evaluating measurement and predictive invariance of the EDE-QS and TEMS.*

Rahman, S. N., **Allen, L. K.**, & Natoli, A. P. (under review). *Performance of the Big Three Perfectionism Scale (BTPS) across race: Predictive invariance when predicting mistake rumination.*

PRESENTATIONS

Allen, L. K. (2024, March). Multimethod assessment's activation of the cardiovascular system: variability within and between different methods of measurement. In Natoli, A. P. (Chair), *Initial explorations of the psychophysiological processes engaged by individuals during multimethod assessment*. Symposium to be presented at the 2024 meeting of the Society for Personality Assessment. San Diego, California.

Allen, L. K. (2024, March). Role of informants' subjective well-being in evaluative bias: effects on informant reports of personality. In Natoli, A. P. (Chair), *An exploration of informant characteristics associated with bias on informant-report measures of personality*. Symposium to be presented at the 2024 meeting of the Society for Personality Assessment. San Diego, California.

Carmody, C., **Allen, L. K.**, Birkenholz, S. A., Sutter, S., & Natoli, A. P. (2024, March). Test-retest reliability of the Difficulties in Emotion Regulation Scale (Modified) in student and intellectual developmental disorder populations. Poster to be presented at the 2024 meeting of the Society for Personality Assessment. San Diego, California.

Farmer, S. K., **Allen, L. K.**, Lesure, B. N., & Natoli, A. P. (2024, March). Invariance of the Barret Impulsiveness Scale 11 (BIS-11) when predicting alcohol and drug use in female and male college students. Poster to be presented at the 2024 meeting of the Society for Personality Assessment. San Diego, California.

Allen, L. K., Barnes, T., & Natoli, A. P. (2023, March). Testing invariance of social support measures' predictions of psychological distress between first- and continuing-generation college students. Poster and flash session presented at the 2023 meeting of the Society for Personality Assessment, Austin, Texas.

Allen, L. K., & Natoli, A. P. (2022, November). Exploratory investigation of the relationships between eating motivations and personality traits and facets. Poster session presented at the 2022 meeting of the Texas Psychological Association, San Antonio, Texas.

OTHER RESEARCH ACTIVITIES

Graduate Research Assistant   2022 – Present
Sam Houston State University
Supervisor: Adam P. Natoli, Ph.D.

- As a member of the Multimethod Assessment & Personality Lab (MAPL), I am involved in multiple studies focusing on measurement, psychometrics, and personality. My contributions include running research participants, assisting in the collection of psychophysiological data, coding and data analysis, literature review, writing manuscripts and grant applications, mentoring undergraduate research assistants, Institutional Review Board applications, and several administrative tasks (e.g., grant management).

Notable Involvements
- Lead Research Assistant for *Machine learning-based sentiment analysis for predicting problematical eating behavior*, Pilot Studies for Future Funding Program Grant, Sam Houston State University (PI: ABM R. Islam; Co-PI: A. P. Natoli).
- Research Assistant for *Initial exploration of the psychophysiological processes underlying different methods of measurement*, New Faculty Program Research Grant, Sam Houston State University (PI: A. P. Natoli).

Other Research Experience   2019
How Students Learn Best: Video, Print, or Lecture?
Wayne State College
Supervisor: Dr. Daniel Miller, Ph.D.

- Experimental human subject research completed with approval of the Institutional Review Board. This study examined the effect of students' preferred learning style on information retention in the classroom.

CLINICAL ACTIVITIES

Eating Recovery Center, Pathlight Mood & Anxiety Center   August 2023-Present
- Utilized components of Acceptance and Commitment Therapy, Cognitive Processing Therapy, and Dialectical Behavioral Therapy in group therapy settings with adolescent and adult populations.
- Provided meal supervision for patients with eating disorders, commonly providing redirection and support.

Sam Houston State University Counseling Center   January-May 2023
- Provided counseling services to students in the University setting under the supervision of Dr. Jesse Robinson, Ph.D.
- Utilized Point and Click system for administration and Acceptance and Commitment Therapy for clinical service work with two ongoing clients.

SERVICE & EMPLOYMENT

2021 – Present	Graduate Assistant, Johnson Coliseum, Sam Houston State University Athletics
2018 – 2021	Operations Specialist & Personal Banker, F&M Bank, Wayne, NE
2016 – 2020	Captain, Wayne State College Cheer Team.
2018 – 2020	Teller, F&M Bank, Wayne, NE
2016 – 2017	Summer School Instructor for Ainsworth Community Schools, Ainsworth, NE

HONORS & AWARDS

2020	Phi Kappa Phi, National Honor Society for Excellence in All-Disciplines
2016 – 2020	Dean's List, all applicable semesters
2018	Psi Chi, International Honor Society in Psychology
2018	Pi Gamma Mu, International Honor Society in Social Sciences
2017	Alpha Lambda Delta, The Honor Society for First-Year Academic Success